

Driving Acronyms

Cockpit drill

- D** – **doors** – check they are closed and secure
- H** - Handbrake on
- S** – **seat** – adjusted, left foot on clutch, not stretched or cramped – include head restraint
- S** – **steering** – able to move hands around wheel
- S** – **seat belt** – flat across chest and stomach
- M** – **mirrors** – adjusted to show out the rear and down the sides of car

moving off

- P** – **preparation** – check handbrake, in neutral, start engine, find bite, keep feet still, prepare handbrake but do not release (Pound coin)
- O** – **observation** – check centre mirror then do a 360 degree view, signal if necessary
- M** – **manoeuvre** – release handbrake, keep feet still, move off, cancel signal

stopping changing direction

- M** – **mirror** – check mirrors before any change of speed, change of direction, approaching hazards, whilst driving
- S** – **signal** – correct, where necessary, properly timed
- M** – **manoeuvre** – whether turning, moving, overtaking or passing

Turning

- M** – **mirror** – check mirrors before change of speed, change of direction, approaching hazards, whilst driving
- S** – **signal** – correct, where necessary, properly timed
- P** – **position** – depending on the type of manoeuvre to be carried out
- S** – **speed** – adjusted for the manoeuvre to be carried out
- L** – **look** – checking mirrors, roads depending on manoeuvre

Pulling out turning in

- L** – **look** – look into the road you're entering, at the traffic approaching
- A** – **assess** – whether it is safe to proceed
- D** – **decide** – whether you can emerge safely
- A** – **act** – act upon the above information

O – **observation** – take in all ahead of you - near, middle and far distance

W – **without**

L – **limits**

Pulling out change of direction

- S** – **swerve** – do not cause other drivers to swerve to avoid you
- S** – **slow** – do not cause other drivers to slow down to avoid you
- S** – **stop** – do not cause other drivers to stop to avoid you

General

- P** – **petrol** – checked daily - enough in the car to start your journey and reach service station
- O** – **oil** – checked weekly – use dipstick – cold engine, level ground, min/max level
- W** – **water** – checked weekly - include coolant and windscreen wash
- E** – **electrics** – checked daily – check dash board warning signs and exterior lights
- R** – **rubber** – checked weekly – tyre tread depth should be at least 1.6mm across breadth and around circumference, no bulges or cuts in tyre wall

SCALP - Safe - convenient and legal position